

# Preface



Malcolm D. Paul, MD, FACS  
*Guest Editor*

This issue of *Clinics in Plastic Surgery* begins at the middle third of the aging face and concludes with the lower third, ending at the clavicles. An anatomic presentation by Dr. Owsley provides a philosophic authentication of surgical methods that have been reliable and safe. The articles continue with a precise evaluation of the clinical components of middle and lower third facial changes and the appropriate techniques to return the face to a more youthful appearance. A range of procedures is presented from less invasive to maximally invasive techniques.

With a sound knowledge of anatomy and the ability to evaluate the clinical findings that each patient exhibits, the reader is provided with a palette of procedures that can be learned and implemented. Certainly, some will want to incorporate more complex procedures into their

armamentarium. What we all want is to select the procedure that best fits the patient, avoiding the use of the same approach for each clinical presentation. The theme throughout this issue is correct diagnosis and a precise surgical approach that improves the possibility of having a safely rejuvenated patient. In the words of Hippocrates, "First do no harm."

Malcolm D. Paul, MD, FACS  
Aesthetic and Plastic Surgery Institute  
University of California, Irvine  
1401 Avocado, Suite 810  
Newport Beach, CA 92660, USA

E-mail address:  
[mpaulmd@hotmail.com](mailto:mpaulmd@hotmail.com) (M.D. Paul)