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CE UP TO 8.5 CE HOURS IN THIS ISSUE



Cover Photo: Handwoven scarves created by Jeanette E. Tregeagle, RN

Jeanette E. Tregeagle, who has been a nurse for 23 years and an emergency department nurse since 2002, lives in Salt Lake City, UT, and works in a Level I Trauma Center at Intermountain Medical Center. She's been a weaver for three years and a fiber artist for over 30 years, creating works by spinning, knitting, and crocheting yarn. Ms. Tregeagle has three looms in her studio at home, and between full-time work and spending one day a week volunteering at a free clinic, it takes her more than two weeks to create a single scarf.

Ms. Tregeagle says that at the end of a hard day when she's seen and done things that she wants to forget, or she just wants to relax, she turns to weaving—she loves the color and feel of yarn and natural fibers, and she says it helps keep life in balance.

Ms. Tregeagle has a tendency to give her scarves away to people in the community and medical center, especially to her fellow nurses. It's her way of thanking the nurses she works with for all of their help and support. She selects the colors for each scarf based on the person for whom it's intended. In planning the design and color she asks herself, is the person outgoing or quiet, modern or old-fashioned, someone who goes outdoors skiing or stays inside during the cold winters? In answering these questions, the design of each scarf begins to take shape and the process of creating it begins.

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