



Foreword

Current concepts in tendinopathy



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Tendinopathy? How can we devote an entire issue to tendinopathy? What ever happened to tendonitis, anyway? Well, for those of you asking questions like that, read on! Within the last decade, researchers, including many of the authors of articles appearing in this issue of the *Clinics in Sports Medicine*, have made major strides in our understanding of tendinopathy. There is much more to it than just changing the name from tendonitis to tendinopathy—it represents a whole new approach to our understanding and treatment of this disorder.

Dr. Ben Kibler has assembled an impressive group of experts for this issue. It is a virtual “who’s who” of tendinopathy. Put aside your biases and distaste for this diagnostic entity, take a new look at an old problem, and learn something that will help some of your most difficult patients. This issue has already helped me in my own clinical practice. Who knows, with a fresh understanding and approach, you might not need to change the Kleenex in your treatment rooms quite so often!

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