



Preface  
Current concepts in tendinopathy



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*Guest Editor*

I am pleased to serve as the Guest Editor for this issue of the *Clinics in Sports Medicine*. It has been 11 years since the landmark two-part series on tendinopathy appeared in this publication. That series produced a basis for better understanding of tendon injury and treatment; this issue is designed to produce further updates on current concepts concerning tendinopathy.

An internationally recognized group of authors have contributed articles that examine possible modes of cellular injury from tension to compression; anatomic and physiologic factors that underlie the clinical presentation of symptoms; site-specific examples of tendinopathy; and guidelines and protocols for rehabilitations. This “bench to bedside” approach gives the sports medicine clinician a basic understanding upon which to implement clinical treatment of this common and often difficult-to-treat injury.

I would like to thank Deb Dellapena and the editors of the *Clinics in Sports Medicine* for their support and work in producing this issue, as well as the authors for their scholarship, interest, and enthusiasm for this subject. Through these efforts will come a better understanding and more efficacious treatment for tendon injuries.

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