

## PREFACE

### Training Room Management of Medical Conditions



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*Guest Editor*

At no time in the history of medicine has the expansion of medical knowledge and its application to clinical practice been as great and as rapid as it is right now. Unprecedented gains in all fields of practice and research are being made on what seems like a daily basis. As such, practicing physicians face the challenge of keeping pace with an ever-growing knowledge base while seamlessly incorporating it into practical use. This is certainly the case in sports medicine, particularly as the field undergoes an ongoing transition toward greater primary care involvement in this unique population. It is with an appreciation of these influences that we have assembled this collective work.

This *Clinics in Sports Medicine* issue is dedicated to the common medical concerns encountered in the practice of primary care sports medicine. More specifically, it has been created to give special attention to conditions that are most frequently addressed in the athletic training room or primary care sports medicine clinical setting. I am fortunate to have been assisted in this project by a distinguished group of authors who lend their expertise from the perspective of the primary care team physician and the subspecialist who is knowledgeable in the care of athletes. Together, we have created an evidence-based core of fundamental sports medicine topics in a wide array of subject areas. These include allergy and immunology, cardiology, gastroenterology, dermatology, neurology, sports psychology, hematology, pulmonology, female athlete triad, ophthalmology, environmental issues in athletes, infectious diseases, and medication and supplement use in athletes. Each article is designed to cover, with

adequate breadth and depth, the key concepts that any sports medicine practitioner is likely to need to provide comprehensive care to their athletes. Rather than generating a “cookbook” of sports medicine management, we have sought to augment the reader’s knowledge base with new, updated, or evidence-based information to aid in keeping pace with advances in the field.

It is my sincere hope that you will find this issue of *Clinics in Sports Medicine* a valuable reference tool in your office, clinic, or athletic training room. It has been our pleasure to assemble it, and we hope that it will serve you well in the care of athletes and active individuals for years to come.

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