

Foreword



Mark D. Miller, MD

Consulting Editor

It is my distinct pleasure to introduce this issue of *Clinics in Sports Medicine*. Dr. Lyle J. Micheli has put together what may appear to be, at first glance, a potpourri of topics. Actually, they all share one common characteristic—they are an accumulation of internationally authored articles. This allows the reader to gain a different perspective on some common, yet interesting topics.

Rugby is a “club sport” in the United States, but is a very competitive sport in many countries. Ruggers have a unique set of injuries that makes this topic important. Supplement use is a problem in all Olympic sports, and, as we see, it is a problem in other countries as well. Next, Asian authors share a unique method to reduce osteopenia in aging athletes. Drs. Pigozzi and Rizzo give us an update on sudden death. This is followed by an update on serum enzyme monitoring. This issue also includes updates on childhood sports injuries, doping, muscle cramping, proprioception, and soft tissue injuries.

We tend to think that, as Americans, we have all the answers. However, as I learned previously, often when you think that you have “discovered” something new, if you really look hard, you will discover that it has already been described by an international author.

Enjoy!

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