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Preface

Soft tissue disorders of the ankle, part II



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Guest Editor

Soft tissue injury to the ankle is one of the most common patient complaints in a foot and ankle practice. Often the injury has been treated previously without resolution of pain. The most difficult part of any treatment is the proper diagnosis of the primary underlying cause of pain and separation of the secondary contributing factors. With new research in foot and ankle ailments, there has been a clearer understanding of the initial cause of injury and the related symptoms. However, the complexity of the soft tissue structures about the ankle makes the diagnosis and treatment of such conditions very difficult. This issue of *Clinics in Podiatric Medicine and Surgery* covers a consortium of topics related to the painful ankle. An international team of foot and ankle surgeons, traumatologists and sports medicine experts share their treatment options and decipher the complex issues related to ankle injuries and their treatment. The purpose of this issue is to educate the foot and ankle surgeon to the proper work-up and treatment of the soft tissue injuries about the ankle. The articles introduce state of the art research and techniques related to the surgical and non-surgical treatment of ankle soft tissue ailments. Preoperative workup, diagnostic examination and post-operative therapy options are also fully explored.

Each author selected has taught me much of what I use in my treatment of foot and ankle ailments today. I wish to thank them all for their time and effort. I hope that this issue provides foot and ankle surgeons with a working knowledge and many new ideas that will aid in the rapid treatment of their patients. Finally, I wish to thank my wife, Yas, and my daughter, Haley, for their patience while I worked endless hours on the computer. All I do, I do with their love and support.

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