

## Foreword



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*Consulting Editor*

James A. Young, MD, (medical director and associate professor, department of physical medicine and rehabilitation, Rush University Medical Center, Chicago) has an interest in the practical medical management of traumatic brain injury. Much research has been done on this challenging disorder. This issue focuses on practical applications.

Clinicians are constantly challenged to put new research into practice. Research may conclusively show something, but how is it best implemented? The article on making decisions when you don't have all the answers addresses this, as do other articles in this issue. Can you extrapolate research on severe traumatic brain injury to mild forms? The article on mild and moderate traumatic brain injury addresses this.

What structural changes underlie clinical changes? The article on functional magnetic resonance imaging sheds light on this. And after the diagnosis, what can be done in the way of treatment? That, ultimately, is the focus of this issue: Rehabilitation of patients who have traumatic brain injury.

Finally, after understanding the pathology, making the diagnosis, and implementing treatment, how do you get it paid for? As a practical guide for the practicing physician, the all-important matter of insurance reimbursement has not been ignored.

This issue represents the goal of the *Physical Medicine and Rehabilitation Clinics of North America*: An updated, practical guide to management of patients who have traumatic brain injury. I thank Dr. Young and colleagues

for their excellent work in making this a very interesting and practical volume.

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