

## Dedication

To my wife, Dr. Farideh Madani, whose assistance, support, and encouragement have made years of research and accomplishment possible for me. To my children, Reza and Sheedeh, who are a pure inspiration and have helped me remain true to my profession. To my contributing authors and colleagues whose guidance, enthusiasm, and expertise have made this publication possible. To our extraordinary medical illustrators for their incredible talent in making our concepts more readily understandable and comprehensible. Finally, to our patients and their loved ones who have challenged all of us to find ways to treat the unique conditions of snoring and sleep apnea, which have been ignored for thousands of years.